

The Vegetable Seed Store Sowing Calendar

This Colour Coding is only a general guide and some flexibility around weather conditions must be taken into account

- Sow under heated glass
- Sow in a cold greenhouse or frame
- Sow directly outside
- Planting time outside
- Growing period
- Likely Harvesting period

Vegetable		Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Amaranth	Sowing												
	Growing												
	Harvesting												
Artichoke	Sowing												
	Growing												
	Harvesting	Small crop 1st year from seed											
Asparagus	Sowing												
	Growing												
	Harvesting	3rd Year onwards											
Atriplex	Sowing												
	Growing												
	Harvesting												
Aubergine	Sowing												
	Growing												
	Harvesting												
Bean Broad	Sowing												
	Growing												
	Harvesting												
Beans Other	Sowing												
	Growing												
	Harvesting												
Beans Yard Long	Sowing												
	Growing	Under Glass or Very Warm Position											
	Harvesting												
Beetroot	Sowing												
	Growing												
	Harvesting												
Broccoli	Sowing												
	Growing												
	Harvesting												
Brussel Sprouts	Sowing												
	Growing												
	Harvesting												
Cabbage Summer	Sowing												
	Growing												
	Harvesting												
Cabbage Winter	Sowing												
	Growing												
	Harvesting												
Calabrese	Sowing												
	Growing												
	Harvesting												
Carrot	Sowing												
	Growing												
	Harvesting												
Cauliflower Early	Sowing												
	Growing												
	Harvesting												
Cauliflower Late	Sowing												
	Growing												
	Harvesting												
Celery	Sowing												
	Growing												
	Harvesting												
Chenopodium	Sowing												
	Growing												
	Harvesting												

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Vegetable		Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
Chinese Mustard	Sowing			Yellow	Yellow	Yellow	Yellow	Yellow	Yellow					
	Growing				Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green			
	Harvesting						Olive	Olive	Olive	Olive	Olive			
Choy Sum	Sowing			Yellow	Yellow				Yellow	Yellow				
	Growing				Light Green	Light Green	Light Green		Light Green	Light Green	Light Green	Light Green		
	Harvesting					Olive	Olive			Olive	Olive	Olive		
Courgette/Marrow	Sowing				Red									
	Growing						Light Blue	Light Green	Light Green	Light Green	Light Green			
	Harvesting							Olive	Olive	Olive	Olive			
Cucumber	Sowing				Red									
	Growing						Light Blue	Light Green	Light Green	Light Green				
	Harvesting								Olive	Olive				
Kohl Rabi	Sowing		Red	Red	Orange	Yellow	Yellow	Yellow						
	Growing					Light Blue	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green		
	Harvesting						Olive	Olive	Olive	Olive	Olive	Olive		
Leek	Sowing			Orange	Yellow									
	Growing	Light Green			Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	
	Harvesting	Olive									Olive	Olive	Olive	
Lettuce	Sowing	Red	Orange	Orange	Yellow	Yellow	Yellow	Yellow	Yellow					
	Growing			Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green		
	Harvesting				Olive	Olive	Olive	Olive	Olive	Olive	Olive	Olive		
Melon	Sowing				Red									
	Growing						Light Blue	Light Green	Light Green	Light Green				
	Harvesting								Olive	Olive				
Okra	Sowing				Red	Red								
	Growing	Under Glass Only					Light Green	Light Green	Light Green	Light Green				
	Harvesting								Olive	Olive				
Onion Globe Seed	Sowing	Red	Red											
	Growing					Light Blue	Light Green	Light Green	Light Green	Light Green				
	Harvesting								Olive	Olive				
Onion Welsh	Sowing	Red	Red	Orange	Yellow	Yellow								
	Growing			Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green				
	Harvesting				Olive	Olive	Olive	Olive	Olive	Olive				
Onion Spring	Sowing			Yellow	Yellow	Yellow	Yellow	Yellow						
	Growing				Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green			
	Harvesting						Olive	Olive	Olive	Olive	Olive			
Pak Choi	Sowing		Red	Yellow					Yellow	Yellow				
	Growing			Light Green	Light Green	Light Green			Light Green	Light Green	Light Green			
	Harvesting				Olive	Olive			Olive	Olive	Olive			
Parsnip	Sowing		Yellow	Yellow	Yellow	Yellow	Yellow							
	Growing				Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green		
	Harvesting	Olive								Olive	Olive	Olive	Olive	
Pea	Sowing			Yellow	Yellow									
	Growing				Light Green	Light Green	Light Green	Light Green	Light Green					
	Harvesting						Olive	Olive	Olive					
Pea Asparagus	Sowing					Yellow								
	Growing					Light Green	Light Green	Light Green	Light Green					
	Harvesting								Olive					
Peppers	Sowing			Red	Red									
	Growing						Light Blue	Light Green	Light Green	Light Green	Light Green			
	Harvesting								Olive	Olive	Olive			
Perilla	Sowing					Red								
	Growing	Under Glass or Very Warm Position						Light Blue	Light Green	Light Green	Light Green	Light Green		
	Harvesting								Olive	Olive	Olive			
Physalis	Sowing				Red	Red								
	Growing					Light Blue	Light Green	Light Green	Light Green	Light Green	Light Green			
	Harvesting								Olive	Olive	Olive			

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Vegetable		Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Radicchio	Sowing			Yellow	Yellow	Yellow	Yellow	Yellow	Yellow				
	Growing			Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green		
	Harvesting					Olive	Olive	Olive	Olive	Olive	Olive		
Radish Black	Sowing			Orange	Orange	Yellow	Yellow	Yellow	Yellow				
	Growing			Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green
	Harvesting						Olive	Olive	Olive	Olive	Olive	Olive	Olive
Radish Daikon	Sowing								Yellow	Yellow	Yellow		
	Growing	Light Green	Light Green						Light Green	Light Green	Light Green	Light Green	Light Green
	Harvesting	Olive	Olive									Olive	Olive
Radish Summer	Sowing			Orange	Orange	Yellow	Yellow	Yellow	Yellow				
	Growing			Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green		
	Harvesting					Olive	Olive	Olive	Olive	Olive	Olive		
Scorzonera	Sowing				Yellow	Yellow							
	Growing				Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green
	Harvesting											Olive	Olive
Soya Bean	Sowing				Red	Red							
	Growing						Light Blue	Light Green	Light Green	Light Green	Light Green		
	Harvesting											Olive	
Spinach Summer	Sowing			Yellow	Yellow	Yellow			Yellow				
	Growing			Light Green	Light Green	Light Green	Light Green		Light Green	Light Green	Light Green		
	Harvesting					Olive	Olive				Olive		
Spinach Winter	Sowing									Yellow			
	Growing	Light Green								Light Green	Light Green	Light Green	Light Green
	Harvesting	Olive										Olive	Olive
Squash/Pumpkin	Sowing				Red								
	Growing						Light Blue	Light Green	Light Green	Light Green	Light Green		
	Harvesting							Olive	Olive	Olive	Olive		
Swede/Turnip	Sowing						Yellow						
	Growing						Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green
	Harvesting											Olive	Olive
Sweet Corn	Sowing				Red	Red							
	Growing						Light Blue	Light Green	Light Green	Light Green	Light Green		
	Harvesting								Olive	Olive	Olive		
Swiss Chard	Sowing				Yellow	Yellow							
	Growing					Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green
	Harvesting							Olive	Olive	Olive	Olive	Olive	Olive
Tomato Indoor	Sowing		Red	Red	Red								
	Growing			Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green
	Harvesting						Olive	Olive	Olive	Olive	Olive	Olive	
Tomato Outdoor	Sowing				Red								
	Growing						Light Blue	Light Green	Light Green	Light Green			
	Harvesting								Olive	Olive			